

**Leicester City  
Joint Health & Social Care  
Learning Disability  
Strategy  
(The Big Plan)**



**The Big Plan  
Yearly Report  
2020 – 2021**







**Leicester  
City Council**






**Leicester City Clinical Commissioning Group  
West Leicestershire Clinical Commissioning Group  
East Leicestershire and Rutland Clinical Commissioning Group**




## Introduction

	<ul style="list-style-type: none"><li>• The Big Plan was launched in February 2020</li></ul>
	<ul style="list-style-type: none"><li>• The Big Plan was written by<ul style="list-style-type: none"><li>○ People with learning disabilities</li><li>○ Families and friends of people with learning disabilities</li><li>○ Unpaid carers</li><li>○ Professionals.</li></ul></li></ul>
	<ul style="list-style-type: none"><li>• It has been a year since the Big Plan started.</li><li>• This report explains what we have done during the last year from June 2020 to July 2021</li></ul>
	<ul style="list-style-type: none"><li>• This report will explain what we have done to make things better for people with learning disabilities in Leicester.</li></ul>
	<ul style="list-style-type: none"><li>• This report will explain what we will try to do for 'The 'Big Plan' in 2021/2022.</li></ul>

## Some of the things we wanted to do

	<ul style="list-style-type: none"><li>• The learning disability partnership board wanted to see some changes which included:</li></ul>
	<ul style="list-style-type: none"><li>• Changes to be made included using reasonable adjustments to improve health and social care services.</li></ul>
	<ul style="list-style-type: none"><li>• Reasonable adjustments to be made so people can access leisure and community services.</li></ul>
	<ul style="list-style-type: none"><li>• Make health care services better for people with learning disabilities.</li></ul>
	<ul style="list-style-type: none"><li>• Make sure people have the choice and control over where they live and the support they receive.</li></ul>

**Appendix 1** Easy Read 'The Big Plan Annual Report'

	<ul style="list-style-type: none"><li>• To make sure people get good support to go to college or find work.</li></ul>
	<p><u><a href="#">The Big Plan is available by visiting the Leicester city council website.</a></u></p>

## How we worked together through COVID

 <p>Leicester City Joint Health &amp; Social Care Learning Disability Strategy (The Big Plan)</p> <p>2020 – 2023</p> <p>Plan</p>	<ul style="list-style-type: none"><li>• The Big Plan was to have 3 groups to look at:<ul style="list-style-type: none"><li>○ Reasonable adjustments</li><li>○ Equal Access to Healthcare</li><li>○ Training and staff development</li></ul></li></ul>
 <p>5 4 3 2 1</p>	<ul style="list-style-type: none"><li>• COVID -19 changed the way people were able to work.</li><li>• Having 3 big groups was very difficult.</li><li>• We had to change the way we worked.</li></ul>
	<ul style="list-style-type: none"><li>• We worked in a different way during the lockdowns in England.</li><li>• We had online meetings</li></ul>
	<ul style="list-style-type: none"><li>• A Social Care Learning Disability group was set up to look at some actions.</li><li>• The actions were for social care to complete.</li></ul>



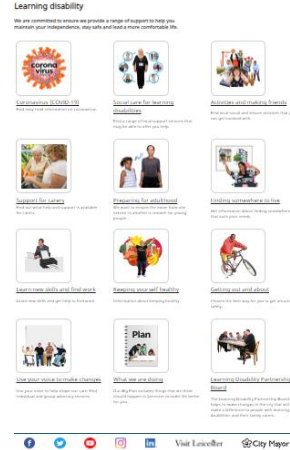






- A health care group was set up by the Leicester Clinical Commissioning group to look at health care actions



- Transforming Care and LeDeR work continued during 2020.


## Social Care Actions completed for 2020/21

	<ul style="list-style-type: none"><li>• Easy read training has started to be delivered to social care and education teams.</li><li>• All teams will have to complete this training.</li><li>• This means social workers, office staff and support workers.</li></ul>
	<ul style="list-style-type: none"><li>• A training group for social care staff has been set up.</li><li>• The training group will work to improve persons centred practice.</li><li>• The training will look to improve reasonable adjustments.</li></ul>
	<ul style="list-style-type: none"><li>• The City Council website pages for information about learning disabilities is better.</li><li>• The website gives more information</li><li>• The web page is easier to understand.</li></ul>

	<ul style="list-style-type: none"><li>• Work has started on improving housing documents and the housing application process for people with learning disabilities.</li></ul>
 <p><b>TCPs</b></p>	<ul style="list-style-type: none"><li>• Some people with learning disabilities go into hospital for the wrong reasons</li><li>• There is a special team that will try and stop people going to hospital for the wrong reasons.</li></ul>
 <p><b>Complain</b></p>	<ul style="list-style-type: none"><li>• The complaints team want to make it easier for people to tell us when things go wrong.</li><li>• The complaints team are working with us to make this more accessible to people with learning disabilities.</li></ul>
	<ul style="list-style-type: none"><li>• Social care is asking all of its staff to stop using the term service user.</li><li>• The term people or person will be used. The term person is more person centred.</li></ul>







**Appendix 1** Easy Read 'The Big Plan Annual Report'

	<ul style="list-style-type: none"><li>• Being person centred will help improve people's lives and the services they receive.</li></ul>
	<ul style="list-style-type: none"><li>• We have invited the big mouth forum members to join in the Leicester City Partnership Board meetings.</li></ul>



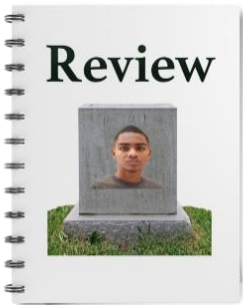
## Health Actions completed

 The logo for 'Community Life' features a circular purple border with the text 'Community Life' in white. Inside the circle, there is an illustration of a diverse group of people, including a person in a wheelchair, standing in front of a building and a tree.	<ul style="list-style-type: none"><li>• We have done lots of work to help more people stay well in the community and not need to go into hospital.</li></ul>
 The logo for 'TCPs' (Total Care Partnerships) shows a group of people of various ages and abilities. Some are holding signs that say 'NHS', 'Family', and 'Local Council'. To the right is a green map of the United Kingdom. Below the illustration, the letters 'TCPs' are written in a large, bold, black font.	<ul style="list-style-type: none"><li>• We work more closely together to help people in hospital to get all the support they need so they can leave hospital when they are ready.</li></ul>
 A photograph of a modern, silver and black electronic platform weighing scale with a digital display on top.	<ul style="list-style-type: none"><li>• The LeDeR programme learned that lots of people who died had problems getting help with managing their weight</li><li>• Now we are working with GPs to make sure they get proper access to the right kind of weighing scales.</li></ul>
 A pie chart with a white border. It is divided into three segments: a large green segment (approximately 75%), a smaller grey segment (approximately 15%), and a very small white segment (approximately 10%).	<ul style="list-style-type: none"><li>• We got lots more Annual Health checks done than the year before, even while we had lockdown.</li></ul>

Appendix 1 Easy Read 'The Big Plan Annual Report'

	<ul style="list-style-type: none"><li>• We worked hard to support people who had not had a Health check for more than 2 years.</li></ul>
	<ul style="list-style-type: none"><li>• We are making sure that everyone gets a proper Health Action Plan after their Health check.</li></ul>
	<ul style="list-style-type: none"><li>• We had COVID jab clinics just for people with LD. Some of our staff were in fancy dress.</li></ul>
	<ul style="list-style-type: none"><li>• Even people who did not like needles said it was easy to get their jab.</li></ul>


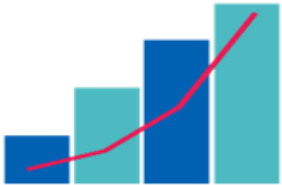
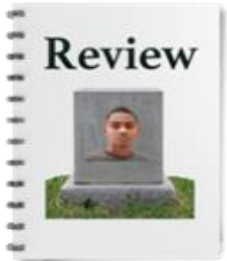
## Work done together

	<ul style="list-style-type: none"><li>• Health and Social Care have been working together to try and make sure people are able to stay safe during COVID-19</li></ul>
	<ul style="list-style-type: none"><li>• We worked with our Partnership Boards to ask for COVID-19 jobs for people with LD.</li><li>• We got them a week earlier than the rest of the country.</li></ul>
	<ul style="list-style-type: none"><li>• Health and Social care have been working together to try and reduce the numbers of people with learning disabilities dying at an early age.</li><li>• This is part of the LeDeR group. A team has been set up to do work together and make changes to help people live longer and better lives.</li></ul>

	<ul style="list-style-type: none"><li>• Senior managers are working together to help transform care for people with learning disabilities.</li></ul>
	<ul style="list-style-type: none"><li>• We have been working 'We think' to access and develop IT skills</li><li>• We Think have been using IT to co-produce our work</li></ul>

## What's next for 2021/2022

	<ul style="list-style-type: none"><li>• We will work to make sure the respite needs for carers of people with complex needs are met</li></ul>
	<ul style="list-style-type: none"><li>• Training will be provided to all staff on:<ul style="list-style-type: none"><li>○ Learning Disability,</li><li>○ Reasonable adjustments,</li><li>○ Equality and Diversity</li></ul></li></ul>
	<ul style="list-style-type: none"><li>• Work to support the stop over medication of people (STOMP) initiative and provide information and guidance to practitioners.</li></ul>
	<ul style="list-style-type: none"><li>• We will work with public health to ensure that people with learning disabilities are considered when launching local public health campaigns</li></ul>
 <p><b>Complain</b></p>	<ul style="list-style-type: none"><li>• Look at complaints procedure to make sure that people with learning disabilities can raise a complaint independently.</li></ul>

 <p>TCPs</p>	<ul style="list-style-type: none"><li>• Transforming Care Programme will continue to work with our care providers.</li><li>• Our care providers will be supported to improve for people with a learning disability with behaviours that can challenge services.</li></ul>
	<ul style="list-style-type: none"><li>• We will monitor the number of services that are signed up to the Health Charter and we will report on our progress.</li></ul>
	<ul style="list-style-type: none"><li>• We will work closely with the 'Learning from lives and deaths of people with learning disabilities' team</li><li>• We will learn lessons from the reviews they write.</li><li>• We will make sure that lessons are learnt and improve health outcomes for people with learning disabilities.</li></ul>